

An Affiliate Program of Shiva Rea's Samudra Global School of Living Yoga
Embodying the Flow + Mandala of Asanas

BISHOP ~ CALIFORNIA

PRANA VINNYASA®



200 hour yoga
TEACHER TRAINING

September 25-28

October 23-26

November 21-23 (Embodied Anatomy)

January 22-25

February 19-22 (Ayurveda weekend)

March 13-15

with Maria Garre

with
Kelley Doyle + Guest Instructors

FOUNDER & CREATOR
OF PRANA FLOW YOGA

*"Kelley is a soulful teacher with a heart of mountain gold.
Nature informs her teaching of the flow of Prana.
Her presence is a nourishing force to evolve as a teacher in her guidance."
~ Shiva Rea*



samudra
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www.sierrashanti.com

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