

An Affiliate Program of Shiva Rea's Samudra Global School of Living Yoga

For students wanting to pursue teaching yoga or simply deepen their study and practice of living yoga!

PRANA VINYASA™

Is a full-spectrum approach to embodying the flow of yoga created by Shiva Rea www.shivarea.com. Students are empowered to experience prana, the universal source of breath, life-energy and conscious intelligence, as a the navigating source of yoga practice and vital living. Experience innovative approaches to vinyasa yoga and the state of flow within the rhythm of class.

AREAS OF STUDY

Embodying the Flow
Energetic Alignment
Pathways of Flow
Yoga Philosophy and Theory
Introduction to Ayurveda
Bhakti Yoga, the path of service, devotion
Embodied Anatomy, and more...

INVESTMENT

early registration **\$2300**
after September 5 **\$2700**

~ Payment Plans Available

MASTER CLASSES

Saturday 9:00AM - 11:00AM

\$20

*"Kelley is a soulful teacher with a heart of mountain gold.
Nature informs her teaching of the flow of Prana.
Her presence is a nourishing force to evolve as a teacher
in her guidance." ~ Shiva Rea*
www.shivarea.com

INFORMATION

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275 South Main Street Bishop, CA 93514



500 ERYT

Kelley Doyle

Kelley is fully committed to inspiring the evolution of her students through the deep transformational practice of Prana Vinyasa Yoga, which can be felt in Kelley's authentic teaching style.

Sierra Shanti



www.sierrashanti.com